## SDS0485 **(J8D8 45)**

## Planning and Monitoring Own Workload

### Candidate’s statement

I confirm that the evidence detailed in this unit is my own work.

|  |  |
| --- | --- |
| Candidate’s name |  |
| Candidate’s signature |  |
| Date |  |

### Assessor’s statement

I confirm that the candidate has achieved all the requirements of this unit.

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| --- | --- |
| Assessor’s name |  |
| Assessor’s signature |  |
| Date |  |
| Countersigning Assessor’s name(if applicable) |  |
| Countersigning Assessor’s signature(if applicable) |  |
| Date |  |

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### Internal Verifier’s statement

I confirm that the candidate’s sampled work meets the standards specified for this unit and may be presented for external verification.

|  |  |
| --- | --- |
| Internal Verifier’s name |  |
| Internal Verifier’s signature |  |
| Date |  |
| Countersigning Internal Verifier’s name (if applicable) |  |
| Countersigning Internal Verifier’s signature (if applicable) |  |
| Date |  |

|  |  |
| --- | --- |
| External Verifier’s initials (if sampled) |  |
| Date |  |

#### Unit overview

To effectively plan and monitor own workload to meet organisational objectives.

#### Sufficiency of evidence

There must be sufficient evidence to ensure that the candidate can consistently achieve the required standard over a period of time in the workplace or approved realistic working environment.

#### Performance criteria (What you must do)

There must be evidence for all performance criteria (PC).

The assessor **must** assess the majority of the PCs by directly observing the candidate’s work.

1. Prioritising own work activities according to importance and urgency in line with required workload and organisational plans, policies and procedures.
2. Allocating estimated time-frames for own work activities in line with organisational plans and deadlines.
3. Making sure necessary resources are available for own work activities in line with organisational plans and deadlines.
4. Liaising with and updating relevant colleagues regarding progress with own workload in line with organisational policies and procedures.
5. Monitoring work activities to identify own progress against plans in line with organisational policies and procedures.
6. Updating own workload records in line with organisational policies and procedures.
7. Reflecting on outcomes of own workload planning and monitoring to support own development and make improvements.

#### Performance criteria evidence

| **Evidence reference** | **Evidence description** | **Date** | **PC1** | **PC 2** | **PC 3** | **PC 4** | **PC5** | **PC 6** | **PC 7** |
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#### Scope / range (What you must cover)

No scope / range is stipulated for this unit.

#### Knowledge and understanding (What you must know and understand)

For those knowledge statements that relate to **how** the candidate should do something, the assessor may be able to infer that the candidate has the necessary knowledge from observing their performance or checking products of their work. In **all** other cases, evidence of the candidate’s knowledge and understanding must be gathered by alternative methods of assessment (eg oral or written questioning).

| **Knowledge statement** | **Evidence reference** | **Date** |
| --- | --- | --- |
| 1. How to prioritise own workload according to urgency and importance and organisational plans.
 |  |  |
| 1. Purpose and benefits of planning own workload.
 |  |  |
| 1. Importance of planning flexibly and monitoring own time effectively.
 |  |  |
| 1. How to identify and select available resources to achieve own workload and the importance of this.
 |  |  |
| 1. Why and when it is important to keep colleagues informed of progress against own workload.
 |  |  |
| 1. Why it is important to monitor own workload and record changes.
 |  |  |
| 1. How to effectively reflect on own work activities to support personal and professional development and make improvements.
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#### Supplementary evidence

| **Reference** | **Evidence description** | **Date** |
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#### Assessor feedback on completion of the unit: