# H

**National Qualifications 2024**

**X863/76/11**                                    **Psychology**

WEDNESDAY, 22 MAY

9:00 AM – 11:00 AM

**Total marks — 60**

**SECTION 1 — INDIVIDUAL BEHAVIOUR — 20 marks**

Attempt Question 1.

**SECTION 2 — SOCIAL BEHAVIOUR — 20 marks**

Attempt Question 2.

**SECTION 3 — ADDITIONAL TOPICS — 20 marks**

Attempt **ONE** Question.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.

**SECTION 1 — INDIVIDUAL BEHAVIOUR — 20 marks**

**Attempt Question 1**

**Question 1**

**Individual behaviour — sleep and dreams**

    (a)  Explain non-REM sleep. **4**

    (b)  Evaluate Czeisler et al's (1990) study of sleep and dreams. **4**

    (c)

> Brodie revised for an exam. She slept well the night before the exam. She performed well in the exam.

Explain why the good night's sleep might have helped Brodie perform well in her exam, with reference to the following:

- information processing
- reorganisational theory. **12**

**SECTION 2 — SOCIAL BEHAVIOUR — 20 marks**

**Attempt Question 2**

**Question 2**

**Social behaviour — conformity and obedience**

    (a)   Explain informational social influence.            **4**

    (b)   Analyse Mori and Arai's (2010) study of conformity.     **10**

    (c)   Using your knowledge of obedience, explain why most people wore face masks
          when ordered to during the COVID-19 pandemic.     **6**

**[Turn over**

**SECTION 3 — ADDITIONAL TOPICS — 20 marks**

Attempt **EITHER**

Question 3 — depression

**OR**

Question 4 — memory

**OR**

Question 5 — stress

**OR**

Question 6 — prejudice

**OR**

Question 7 — social relationships

**OR**

Question 8 — aggression


**Question 3**

**Individual behaviour — depression**

    (a)   Describe what is meant by Persistent Depressive Disorder.     **4**

    (b)   Analyse the role of diathesis-stress as a cause for depression.

        In your analysis you must include at least **one** biological treatment for depression.     **16**

**Question 4**

**Individual behaviour — memory**

    (a)  Describe what is meant by the central executive of the working memory model.    **4**

    (b)  Analyse the multi-store model of memory.
        In your analysis, you must include at least **one** explanation of forgetting.    **16**

**Question 5**

**Individual behaviour — stress**

    (a)  Describe what is meant by hardiness.    **4**

    (b)  Analyse the general adaptation syndrome.
        In your analysis you must include at least **one** coping strategy.    **16**

**[Turn over**

**Question 6**

**Social behaviour — prejudice**

    (a)   Describe what is meant by racial discrimination.    **4**

    (b)   Analyse social identity theory of prejudice.
         In your analysis you must include at least **one** way of reducing prejudice.    **16**

**Question 7**

**Social behaviour — social relationships**

    (a)   Describe levels of parasocial relationships.    **4**

    (b)   Analyse evolutionary theory of romantic relationships.
         In your analysis you must include at least **one** aspect of virtual relationships.    **16**

**Question 8**

**Social behaviour — aggression**

    (a)   Describe genetic influences on aggression.        **4**

    (b)   Analyse social learning theory as an explanation of aggression.
        In your analysis you must include at least **one** media influence.    **16**

**[END OF QUESTION PAPER]**

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