N5 National Qualifications 2024

X863/75/11 **Psychology**

WEDNESDAY, 22 MAY
9:00 AM – 11:00 AM

Total marks — 70

SECTION 1 — INDIVIDUAL BEHAVIOUR — 35 marks

Attempt Question 1 and **EITHER** Question 2 **OR** Question 3.

SECTION 2 — SOCIAL BEHAVIOUR — 35 marks

Attempt Question 4 and **EITHER** Question 5 **OR** Question 6.

Write your answers clearly in the answer booklet provided. In the answer booklet you must clearly identify the question number you are attempting.

Use **blue** or **black** ink.

Before leaving the examination room you must give your answer booklet to the Invigilator; if you do not, you may lose all the marks for this paper.

SQA

SECTION 1 — INDIVIDUAL BEHAVIOUR — 35 marks

Attempt Question 1 and EITHER Question 2 OR Question 3

Question 1

Individual behaviour — sleep and dreams

    (a) Describe non-REM sleep **and** REM sleep.   **4**

    (b) Explain **one** strength and **one** weakness of the Restoration Theory of Sleep (Oswald, 1966).   **4**

    (c) Describe the Dement and Kleitman (1957) study of sleep. In your answer you must include:

- aim(s)
- method/procedure
- results.   **6**

    (d) Explain how Freud's (1909) study of Little Hans supports the psychoanalytic (Freudian) theory of dreams.   **4**

    (e) Explain **one** strength of the Little Hans (1909) study.   **2**

Individual behaviour — optional topic

Attempt **EITHER**

Question 2 — Personality

OR

Question 3 — Phobias

Question 2 — Personality

    (a) Describe introversion **and** extraversion according to Eysenck's type theory of personality. **4**

    (b) Explain **one** strength **or one** weakness of Eysenck's type theory of personality. **2**

    (c) Explain situational causes of Anti-social Personality Disorder (APD). You may refer to research evidence to support your answer. **6**

    (d) Describe the **method/procedure** of a research study into the biological causes of APD. **3**

        You must include the name of the researcher(s)/name of study.

Do not attempt question 3 if you have already answered question 2

Question 3 — Phobias

    (a)   Describe the characteristics of specific phobia **and** social anxiety disorder.   **4**

    (b)   Explain systematic desensitisation as a therapy for phobias.   **6**

    (c)   (i)   Describe the **method/procedure** of one study into the genetic inheritance of phobias.   **3**

                  You must include the name of the researcher(s)/name of study.

        (ii) Explain **one** strength **or one** weakness of this study into the genetic inheritance of phobias.   **2**

SECTION 2 — SOCIAL BEHAVIOUR — 35 marks

Attempt Question 4 and EITHER Question 5 OR Question 6

Question 4

Social behaviour — conformity

    (a) Describe what is meant by conformity.   **2**

    (b) Describe minority influence.   **2**

    (c) Read the scenario below and answer the question that follows:

> Alex is from Scotland and Hana is from Japan. They go to the same school and their class have decided to go out on Friday night. The majority want to go bowling but both Alex and Hana would rather go to the cinema.

        Using your knowledge of cultural factors, explain why Hana would be more likely than Alex to conform.   **5**

    (d) Explain what is meant by normative social influence. You must include an example of everyday normative social influence in your answer.   **3**

    (e) Explain how situational factors may affect conformity levels. You must refer to Asch's research in your answer.   **6**

    (f) Explain **one** weakness of the Mori and Arai (2010) study.   **2**

Social behaviour — optional topic

Attempt **EITHER**

Question 5 — Altruism

OR

Question 6 — Non-verbal communication (NVC)

Question 5 — Altruism

(a) Describe pluralistic ignorance. **2**

(b) (i) Describe the **aim(s)** and **method/procedure** of a research study into the kin-selection theory of altruism. **4**

You must include the name of the researcher(s)/name of study.

(ii) Explain how the results of this study support the kin-selection theory of altruism. **4**

(c) | Sam is short of money. However, while shopping, Sam buys an extra item to donate to the local food bank. |
     | --- |

Using your knowledge of the empathy-altruism theory, explain Sam's behaviour. **5**

Do not attempt question 6 if you have already answered question 5

Question 6 — Non-verbal communication (NVC)

    (a) Describe the function of eye contact.   **2**

    (b)   (i) Describe the **aim(s)** and **method/procedure** of a research study relating to nurture (learned behaviour) in NVC.   **4**

            You must include the name of the researcher(s)/name of study.

       (ii) Explain how the results of this study support the contribution of nurture (learned behaviour) in NVC.   **5**

    (c) | Nazia is sitting on a bus. A woman sits on the seat next to her. Nazia feels uncomfortable for the rest of her journey. |
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          Using your knowledge of personal space in NVC, explain Nazia's discomfort.   **4**

[END OF QUESTION PAPER]

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