



Group Award Specification for:

**National Certificate in Beauty Therapy Services and
Treatments at SCQF level 6**

Group Award Code: GV82 46

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1. Introduction

The purpose of this document is to:

- Assist centres to implement, deliver and manage the qualification.
- Provide a guide for new staff involved in offering the qualification.
- Inform course managers teaching staff, assessors, learners, employers and higher education institutes (HEIs) of the aims and purpose of the qualification.
- Provide details of the range of learners the qualification is suitable for and progression opportunities.

The newly devised National Certificate (NC) in Beauty Therapy Services and Treatments at SCQF level 6 replaces the existing NC Beauty Care at SCQF level 6 validated in September 2009. The existing award currently has 32 approved centres; 6 of whom are delivering the qualification.

2019 / 2020	2020 / 2021	2021 / 2022	2022 / 2023	2023 / 2024
Entries: 385	Entries: 342	Entries: 156	Entries: 192	Entries: 173
Awards: 37	Awards: 167	Awards: 167	Awards: 97	Awards: 65

The new National Certificate (NC) in Beauty Therapy Services and Treatments has been designed to reflect the significant changes to industry practice reflected in the National Occupational Standards (NOS) which have occurred since 2009, the validation of the existing NC Beauty Care award. This new group award is intended to engage and support learners to develop their knowledge and skills reflective of the skills required by the beauty industry. It will provide learners with a beauty qualification to prepare them for progression to further study within this vocational area or employment within the beauty industry.

Consultation with presenting centres and the significant changes in NOS has resulted in a revised qualification with a robust framework and a variety of options with newly developed units. This will enable learners to develop skills reflective of industry practice.

The title of the new NC is Beauty Therapy Services and Treatments. The title change was decided by the Qualification Development Team (QDT) from Beauty Care' to Beauty Therapy Services and Treatments' to reflect the occupational competencies and contexts of the qualification. The scoping report identified a shift in the expectations of what is current in industry and a new title reflects the changes to the award. The qualification contains units that provide underpinning knowledge and technical skills relevant to the level of study. Through units such as facial manual and electrical treatments, depilation techniques and body massage techniques learners will become competent in their practical ability as well as learning the importance of working together as part of a team and meeting the diverse needs of clients. Employability skills such as time keeping, treatment timing, customer care and personal presentation will be developed as will the opportunity to consider good citizenship through recycling products and consumables, waste control measures and having an appreciation of the sustainability of product brands used.

The mandatory units within the group award provide standardisation across the education sector and ensure all learners can develop the fundamental skills required by the beauty industry. The range of optional credits enable learners to extend and build on these to enhance their competencies and shape their qualification.

Within the NC in Beauty Therapy Services and Treatments qualification, three NPAs at SCQF level 6 have been subsumed reflecting the results of the consultation conducted with presenting centres. These give the opportunity for part-time learners to achieve small 'bite size' awards which may then be combined with additional units to achieve the NC in Beauty Therapy Services and Treatments qualification. The NPAs also give the opportunity for learners to specialise in a particular area.

These are:

NPA in Customised Make-up and Eye Treatments:

- Customised Make-up (J8FN 46)
- Eyelash and eyebrow Treatments (J8FR 46)

NPA in Body Massage and Wrap Treatments:

- Body Massage Techniques (J8FM 46)
- Body Wrap Treatments (J8FP 46)

NPA in Hand, Foot and Sculptured Nails:

- Hand and Foot Treatments (J8FW 46)
- Freeform Sculpture using Liquid and Powder (J8FT 46)

or

- Freeform Sculpture using Light Curing Gel (J8FV 46)

National Occupational Standards (NOS) are developed by key employment sectors within the United Kingdom. These standards set the competencies required for job roles within a particular employment sector. Aspects of the NOS from the Beauty Therapy and Nails suites have been incorporated into this course. As a result, the competence, knowledge and understanding achieved by learners broadly reflects the standards. Mapping to NOS is available in section 5.2.

The NC in Beauty Therapy Services and Treatments qualification is suitable for direct entrants however some experience and prior knowledge in the subject area would be beneficial. This qualification is suitable for those already working within the beauty industry. It also offers a progression route for learners from the NC Beauty Therapy Skills at SCQF level 5, Scottish Vocational Qualification (SVQ) Beauty Therapy at SCQF level 5 or the following National Progression Awards (NPAs):

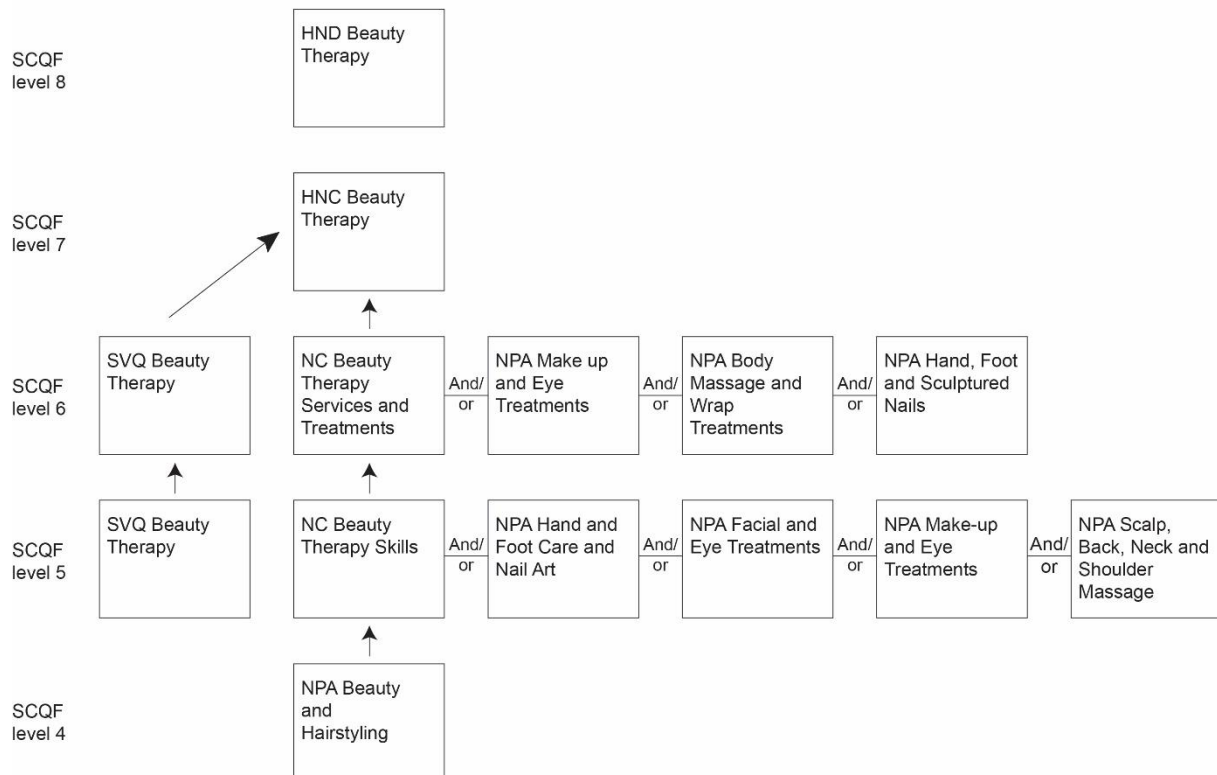
- NPA in Hand and Foot Care and Nail Art (GV0G 45)
- NPA in Facial and Eye Treatments (GV0E 45)
- NPA in Make-up and Eye Treatments (GV0H 45)
- NPA in Scalp, Back, Neck and Shoulder Massage (GV0K 45)

The mode of delivery for this qualification can be full-time or part-time at the discretion of the delivering centre.

Learners who successfully complete the NC in Beauty Therapy Services and Treatments qualification may progress to HNC Beauty Therapy followed by HND Beauty Therapy thereafter. They may also enter employment to pursue a career within the beauty industry who would like to upskill.

The chart shows progression opportunities. Lapsing awards have not been included.

Beauty Progression Chart



Beauty Therapy qualification pathway

1. NPA Beauty and Hairstyling (SCQF level 4).

2. [SVQ Beauty Therapy (SCQF level 5)

SVQ Beauty Therapy (SCQF level 6)]

or

[NC Beauty Therapy Skills (SCQF level 5)

NC Beauty Therapy Services and Treatments(SCQF level 6)]

Specialist NPAs (SCQF level 5):

- NPA Hand and Foot Care and Nail Art
- NPA Facial and Eye Treatments
- NPA Make-up and Eye Treatments
- NPA Scalp, Back, Neck, and Shoulder Massage

Beauty Therapy qualification pathway (continued)

Specialist NPAs (SCQF level 6):

- NPA in Customised Make-up and Eye Treatments
- NPA in Body Massage and Wrap Treatments
- NPA in Hand, Foot and Sculptured Nails

3. HNC Beauty Therapy (SCQF level 7).

4. HND Beauty Therapy (SCQF level 8).

Overview:

Start at SCQF level 4 (NPA Beauty and Hairstyling), move to SCQF level 5 and 6 (SVQ or NC route), choose NPAs for specialisations (for example, nail art, massage, make-up), then progress to SCQF levels 7 and 8.

2. Qualification structure

This NC in Beauty Therapy Services and Treatments at SCQF level 6 has been designed so that it meets SQA's Design Principles. It will be achieved on completion of 12 SQA unit credits / 72 SCQF credit points. The mandatory section must contain a minimum of 36 SCQF credit points. The majority of credit points must be at the level of the group award.

A mapping of Core Skills development opportunities is available in section 5.3.

2.1 Structure

Mandatory units: Learners must achieve all mandatory units (8 SQA credits: 48 SCQF credit points)

4 code	2 code	Unit title	SQA credit	SCQF credit points	SCQF level
J8FX	46	Facial Manual and Electrical Treatments	3	18	6
J8FY	46	Depilation Techniques	1	6	6
J8FM	46	Body Massage Techniques	2	12	6
J8FL	46	Body Electrical Treatments	2	12	6

Optional units: Learners must achieve 4 credits optional units (4 SQA credits: 24 SCQF credit points).

4 code	2 code	Unit title	SQA credit	SCQF credit points	SCQF level
J8FW	46	Hand and Foot Treatments	2	12	6
J8FR	46	Eyelash and Eyebrow Treatments	1	6	6
J8FV	46	Freeform Sculpture using Light Curing Gel	1	6	6
J8FT	46	Freeform Sculpture using Liquid and Powder	1	6	6
J8FN	46	Customised Make-up	1	6	6
J8FP	46	Body Wrap Treatments	1	6	6
FR0C	12	Healthy Eating and Wellbeing	1	6	6

Note: Centres should give consideration to competency requirements for delivery. This is outlined below under the resource section.

3. Aims of the qualification

The National Certificate (NC) in Beauty Therapy Services and Treatments qualification provides learners with a beauty qualification reflective of the skills required by the beauty industry. It will offer progression from SCQF level 5 beauty qualifications and prepare learners for further study within this vocational area or employment in the beauty therapy industry.

3.1 General aims of the qualification

1. Providing the opportunity for learners to develop skills reflective of the beauty industry.
2. Developing an understanding of essential knowledge.
3. Encouraging and developing a positive and professional work ethic.
4. Providing opportunities to develop a range of core and essential skills.
5. Providing opportunities to develop transferrable skills.

3.2 Specific aims of the qualification

6. Developing professional working practices reflective of industry standards, health and safety requirements and sustainability.
7. Developing practical beauty skills on the face and / or body.
8. Developing an understanding of relevant anatomy and physiology.
9. Developing an understanding of absolute and relative contraindications.
10. Developing customer care skills and communication techniques.
11. Reflecting on treatment performance to promote continuous improvement.
12. Preparing learners for further study or employment in related industries.

4. Recommended entry to the qualification

Entry to this qualification is at the discretion of the centre. However, due to health and safety considerations it is recommended that the minimum age for this qualification is 16 years of age at the time of registration. The following information on prior knowledge, skills, experience or qualifications that provide suitable preparation for this qualification has been provided by the Qualification Design Team (QDT) as guidance only.

Learners would benefit from having attained the skills, knowledge and understanding required by one or more of the following or equivalent qualifications and / or experience:

- NC Beauty Therapy Skills at SCQF level 5 (GV0J 45)
- NPA in Hand and Foot Care and Nail Art (GV0G 45)
- NPA in Facial and Eye Treatments (GV0E 45)
- NPA in Make-up and Eye Treatments (GV0H 45)
- NPA in Scalp, Back, Neck and Shoulder Massage (GV0K 45)

Centres must consider the legal requirements for providing beauty therapy services to minors and vulnerable adults.

4.1 Core Skills entry profile

The Core Skill entry profile provides a summary of the associated assessment activities that exemplify why a particular level has been recommended for this qualification. The information would be used to identify if additional learning support needs to be put in place for learners whose Core Skills profile is below the recommended entry level or whether learners should be encouraged to do an alternative level or learning programme.

Core Skill	Recommended SCQF entry profile	Associated assessment activities
Communication	4	Good communication skills are required by learners to develop their interpersonal skills during the consultation and treatment process. Learners are required to take part in straightforward discussions with their peers and clients, they are required to use reading, oral and written communication when interacting with others by reading, understanding and producing consultation records which meet treatment aims and objectives. Learners will provide appropriate aftercare, customised home care and product advice to their clients.
Numeracy	3	Learners will use simple numerical data in everyday contexts to measure the amount of product for each treatment to minimise waste. They will be required to calculate the correct product ratio of eyelash / eyebrow products and interpret manufacturer's instructions for an effective treatment outcome.
Information and Communication Technology (ICT)	4	Learners will have the opportunity to use straightforward and basic features of familiar ICT applications for the knowledge component. Learners can use ICT to access and gather information to support assessment and present information.

Core Skill	Recommended SCQF entry profile	Associated assessment activities
Problem Solving	4	<p>Through planning and organising treatments learners will develop problem-solving skills. Learners will be required to deal with straightforward problems in familiar situations by following a process to deal with the problem. Learners will consult with clients and use the information gathered to develop appropriate treatment plans for a range of treatments to meet client requirements considering absolute and relative contraindications, required adaptations to treatment and giving appropriate advice should contra-actions occur.</p> <p>Learners will be encouraged to take responsibility for improving their own performance through self-evaluation and reflective practice.</p>
Working with Others	4	Learners will work co-operatively with their peers and clients to carry out treatments in a realistic working environment providing a variety of treatments reflective of industry standard procedure and timings.

5. Additional benefits of the qualification in meeting employer needs

This qualification was designed to meet a specific purpose and what follows are details on how that purpose has been met through mapping of the units to the aims of the qualification. Through meeting the aims, additional value has been achieved by linking the unit standards with those defined in national occupational standards and / or trade / professional body requirements. In addition, significant opportunities exist for learners to develop the more generic skill, known as Core Skills through doing this qualification.

5.1 Mapping of qualification aims to units

General aims of the qualification

1. Providing the opportunity for learners to develop skills reflective of the beauty industry.
2. Developing an understanding of essential knowledge.
3. Encouraging and developing a positive and professional work ethic.
4. Providing opportunities to develop a range of core and essential skills.
5. Providing opportunities to develop transferrable skills.

Specific aims of the qualification

6. Developing professional working practices reflective of industry standards, health and safety requirements and sustainability.
7. Developing practical beauty skills on the face and / or body.
8. Developing an understanding of relevant anatomy and physiology.
9. Developing an understanding of absolute and relative contraindications.
10. Developing customer care skills and communication techniques.
11. Reflecting on treatment performance to promote continuous improvement.
12. Preparing learners for further study or employment in related industries.

Unit code	Unit title	General aims	Specific aims
J8FX 46	Facial Manual and Electrical Treatments	1 to 5	6 to 12
J8FY 46	Depilation Techniques	1 to 5	6 to 12
J8FM 46	Body Massage Techniques	1 to 5	6 to 12
J8FL 46	Body Electrical Treatments	1 to 5	6 to 12
J8FW 46	Hand and Foot Treatments	1 to 5	6 to 12
J8FR 46	Eyelash and Eyebrow Treatments	1 to 5	6 to 12
J8FV 46	Freeform Sculpture using Light Curing Gel	1 to 5	6 to 12
J8FT 46	Freeform Sculpture using Liquid and Powder	1 to 5	6 to 12
J8FN 46	Customised Make-up	1 to 5	6 to 12
J8FP 46	Body Wrap Treatments	1 to 5	6 to 12
FR0C 12	Healthy Eating and Wellbeing	2 to 5	10 and 12

5.2 Mapping of National Occupational Standards (NOS) and / or trade body standards

NOS code	NOS title
SKAHDBRBNST1	Implement and maintain safe, hygienic and effective working practices
SKAHDBRBNS1	Consult, assess, plan and prepare for hair, barbering, beauty, nails, wellbeing and holistic services
SKABBR2	Provide facial skincare treatments
SKABN1	Provide manicure treatments
SKABN2	Provide pedicure treatments
SKANS5	Apply and maintain nail enhancements to create a natural finish
SKABBR1	Provide waxing treatments for the face and body
SKAB1	Provide eyelash and eyebrow treatments
SKAB2	Provide customised make-up services
SKAB3	Provide semi-permanent eyelash lifting and brow lamination procedures
SKAB4	Provide body massage treatments using fundamental techniques
SKABS1	Provide body electrical therapy treatments
SKABS2	Provide facial electrical therapy treatments
SKABS3	Provide body massage treatments using advanced techniques
SKABS4	Provide a body wrap treatment

Unit code	Unit title	National Occupational Standards (NOS) code
J8FX 46	Facial Manual and Electrical Treatments	SKAHDBRBNST1, SKAHDBRBNS1, SKABBR2, SKABS2
J8FY 46	Depilation Techniques	SKAHDBRBNST1, SKAHDBRBNS1, SKABBR1,
J8FM 46	Body Massage Techniques	SKAHDBRBNST1, SKAHDBRBNS1, SKAB4, SKABS3
J8FL 46	Body Electrical Treatments	SKAHDBRBNST1, SKAHDBRBNS1, SKABS1
J8FW 46	Hand and Foot Treatments	SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKABN2
J8FR 46	Eyelash and Eyebrow Treatments	SKAHDBRBNST1, SKAHDBRBNS1, SKAB1, SKAB3
J8FV 46	Freeform Sculpture using Light Curing Gel	SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKANS5,
J8FT 46	Freeform Sculpture using Liquid and Powder	SKAHDBRBNST1, SKAHDBRBNS1, SKABN1, SKANS5
J8FN 46	Customised Make-up	SKAHDBRBNST1, SKAHDBRBNS1, SKAB1, SKAB2
J8FP 46	Body Wrap Treatments	SKAHDBRBNST1, SKAHDBRBNS1, SKABS4
FR0C 12	Healthy Eating and Wellbeing	SKAHDBRBNST1, SKAHDBRBNS1,

5.3 Mapping of Core Skills development opportunities across the qualifications

Communication

Unit code	Unit title	Written (Reading)	Written (Writing)	Oral
J8FX 46	Facial Manual and Electrical Treatments	Not applicable	Not applicable	Not applicable
J8FY 46	Depilation Techniques	Signposted	Signposted	Signposted
J8FM 46	Body Massage Techniques	Signposted	Signposted	Signposted
J8FL 46	Body Electrical Treatments	Signposted	Signposted	Signposted
J8FW 46	Hand and Foot Treatments	Signposted	Signposted	Signposted
J8FR 46	Eyelash and Eyebrow Treatments	Signposted	Signposted	Signposted
J8FV 46	Freeform Sculpture using Light Curing Gel	Signposted	Signposted	Signposted
J8FT 46	Freeform Sculpture using Liquid and Powder	Signposted	Signposted	Signposted
J8FN 46	Customised Make-up	Signposted	Signposted	Signposted
J8FP 46	Body Wrap Treatments	Signposted	Signposted	Signposted
FR0C 12	Healthy Eating and Wellbeing	Signposted	Not applicable	Not applicable

Numeracy

Unit code	Unit title	Using Number	Using Graphical Information
J8FX 46	Facial Manual and Electrical Treatments	Not applicable	Not applicable
J8FY 46	Depilation Techniques	Not applicable	Not applicable
J8FM 46	Body Massage Techniques	Signposted	Not applicable
J8FL 46	Body Electrical Treatments	Signposted	Not applicable
J8FW 46	Hand and Foot Treatments	Signposted	Not applicable
J8FR 46	Eyelash and Eyebrow Treatments	Signposted	Not applicable
J8FV 46	Freeform Sculpture using Light Curing Gel	Signposted	Not applicable
J8FT 46	Freeform Sculpture using Liquid and Powder	Signposted	Not applicable
J8FN 46	Customised Make-up	Signposted	Not applicable
J8FP 46	Body Wrap Treatments	Signposted	Not applicable
FR0C 12	Healthy Eating and Wellbeing	Not applicable	Not applicable

Information and Communication Technology (ICT)

Unit code	Unit title	Accessing Information	Providing / Creating Information
J8FX 46	Facial Manual and Electrical Treatments	Not applicable	Not applicable
J8FY 46	Depilation Techniques	Not applicable	Not applicable
J8FM 46	Body Massage Techniques	Signposted	Not applicable
J8FL 46	Body Electrical Treatments	Signposted	Not applicable
J8FW 46	Hand and Foot Treatments	Not applicable	Not applicable
J8FR 46	Eyelash and Eyebrow Treatments	Signposted	Not applicable
J8FV 46	Freeform Sculpture using Light Curing Gel	Signposted	Not applicable
J8FT 46	Freeform Sculpture using Liquid and Powder	Signposted	Not applicable
J8FN 46	Customised Make-up	Not applicable	Not applicable
J8FP 46	Body Wrap Treatments	Signposted	Not applicable
FR0C 12	Healthy Eating and Wellbeing	Signposted	Not applicable

Problem Solving

Unit code	Unit title	Critical Thinking	Planning and Organising	Reviewing and Evaluating
J8FX 46	Facial Manual and Electrical Treatments	Not applicable	Not applicable	Not applicable
J8FY 46	Depilation Techniques	Not applicable	Signposted	Signposted
J8FM 46	Body Massage Techniques	Signposted	Signposted	Signposted
J8FL 46	Body Electrical Treatments	Signposted	Signposted	Signposted
J8FW 46	Hand and Foot Treatments	Signposted	Signposted	Signposted
J8FR 46	Eyelash and Eyebrow Treatments	Not applicable	Signposted	Signposted
J8FV 46	Freeform Sculpture using Light Curing Gel	Signposted	Signposted	Signposted
J8FT 46	Freeform Sculpture using Liquid and Powder	Signposted	Signposted	Signposted
J8FN 46	Customised Make-up	Signposted	Signposted	Signposted
J8FP 46	Body Wrap Treatments	Signposted	Signposted	Signposted
FR0C 12	Healthy Eating and Wellbeing	Not applicable	Not applicable	Signposted

Working with Others

Unit code	Unit title	Working Co-operatively with Others	Reviewing Co-operative Contribution
J8FX 46	Facial Manual and Electrical Treatments	Not applicable	Not applicable
J8FY 46	Depilation Techniques	Signposted	Not applicable
J8FM 46	Body Massage Techniques	Signposted	Not applicable
J8FL 46	Body Electrical Treatments	Signposted	Not applicable
J8FW 46	Hand and Foot Treatments	Signposted	Not applicable
J8FR 46	Eyelash and Eyebrow Treatments	Signposted	Not applicable
J8FV 46	Freeform Sculpture using Light Curing Gel	Signposted	Not applicable
J8FT 46	Freeform Sculpture using Liquid and Powder	Signposted	Not applicable
J8FN 46	Customised Make-up	Signposted	Not applicable
J8FP 46	Body Wrap Treatments	Signposted	Not applicable
FR0C 12	Healthy Eating and Wellbeing	Not applicable	Not applicable

5.4 Assessment strategy for the qualifications

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
<p>J8FX 46</p> <p>Facial Manual and Electrical Treatments</p>	<p>Closed-book conditions.</p> <p>Learners must demonstrate their knowledge of absolute and relative contraindications, contra-actions, bones and muscles of the face, neck and shoulder, structure of the skin and skin barrier function, functions of the skin, the effects of facial treatments on the circulatory and lymphatic systems, the principles and general effects of electrotherapy treatments, psychological, physical and physiological effects of treatment application, factors affecting skin condition, skin types and skin conditions.</p>	<p>Observed practical-assessment on a minimum of five occasions.</p> <p>Practical assessments must be on different clients covering a range of skin types.</p> <p>One occasion performing a facial manual treatment. One occasion performing a facial manual treatment with a skin warming device and three occasions performing facial electrical treatments.</p>	<p>Observed practical-assessment on a minimum of five occasions.</p> <p>Practical assessments must be on different clients covering a range of skin types.</p> <p>One occasion performing a facial manual treatment. One occasion performing a facial manual treatment with a skin warming device and three occasions performing facial electrical treatments.</p>	<p>Not applicable.</p>

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FX 46 Facial Manual and Electrical Treatments (continued)	Not applicable.	Learners must be assessed on all electrical equipment which may be combined as appropriate on each client. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Learners must be assessed on all electrical equipment which may be combined as appropriate on each client. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Not applicable.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FY 46 Depilation Techniques	<p>Closed-book conditions.</p> <p>Learners must demonstrate their knowledge of absolute and relative contraindications, the skin and pilosebaceous unit, hair growth cycle, hair types and classification, causes of hair growth, effects of pre-treatment history, contra-actions and adverse reactions and the differences in the types of wax.</p>	<p>Observed practical assessment on a minimum of three occasions.</p> <p>Practical assessments must be on different clients and two of the performances must demonstrate multiple areas.</p> <p>Hair must be removed using strip and non-strip wax systems.</p> <p>Treatment areas must include face, body and limbs.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Observed practical assessment on a minimum of three occasions.</p> <p>Practical assessments must be on different clients and two of the performances must demonstrate multiple areas.</p> <p>Hair must be removed using strip and non-strip wax systems.</p> <p>Treatment areas must include face, body and limbs.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Not applicable.</p>

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FM 46 Body Massage Techniques	Closed-book conditions. Learners must demonstrate their knowledge of absolute and relative contraindications, contra-actions, anatomy and physiology of the body to include muscles, bones, structure and function of the skin. General effects of body massage techniques, factors affecting skin conditions, postural faults, skin type, body type, body condition and body characteristics.	Observed practical assessment on a minimum of three occasions. Practical assessments must be full body massage performed on different clients, covering all of the treatment objectives. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Observed practical assessment on a minimum of three occasions. Practical assessments must be full body massage performed on different clients, covering all of the treatment objectives. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Not applicable.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FL 46 Body Electrical Treatments	Closed-book conditions. Learners must demonstrate their knowledge of absolute and relative contraindications, contra-actions, anatomy and physiology of the body to include muscles, bones, structure and function of the skin. General effects of body electrical treatments, factors affecting skin conditions, postural faults, skin type, body type, body condition and body characteristics.	Observed practical assessment on a minimum of three occasions. Practical assessments must be performed on different clients, covering all of the electrical equipment. Electrical equipment may be combined as appropriate on each client. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Observed practical assessment on a minimum of three occasions. Practical assessments must be performed on different clients, covering all of the electrical equipment. Electrical equipment may be combined as appropriate on each client. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Not applicable.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FW 46 Hand and Foot Treatments	Closed-book conditions. Learners must demonstrate their knowledge of hand and foot muscles and bones, effects of massage techniques and physiological effects of heat treatments.	Closed-book conditions. Learners must demonstrate their knowledge of skin and nail structure and function, conditions and disorders of the skin and nail, absolute and relative contraindications.	Observed practical assessment on a minimum of two occasions. Practical assessments must be carried out on different clients and must include two manicures and two pedicure treatments. A heat treatment should be assessed with one manicure and one pedicure treatment. All polish types must be assessed and can be combined as appropriate on each client. Learners must be assessed completing a gel removal service on one occasion.	Observed practical assessment on a minimum of two occasions. Practical assessments must be carried out on different clients and must include two manicures and two pedicure treatments. A heat treatment should be assessed with one manicure and one pedicure treatment. All polish types must be assessed and can be combined as appropriate on each client. Learners must be assessed completing a gel removal service on one occasion.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FW 46 Hand and Foot Treatments (continued)	Not applicable.	Not applicable.	Performance evidence for outcomes 3 and 4 should be holistically assessed reflective of industry standard procedure and timings.	Performance evidence for outcomes 3 and 4 should be holistically assessed reflective of industry standard procedure and timings.
J8FR 46 Eyelash and Eyebrow Treatments	Closed-book conditions. Learners must demonstrate their knowledge of the hair structure, layers of the hair, the hair growth cycle and the layers of the skin.	Closed-book conditions. Learners must demonstrate their knowledge of absolute and relative contraindications and contra-actions.	Observed practical assessment on a minimum of four occasions. Practical assessments must include an eyelash tint / eyebrow tint / eyebrow shape in conjunction with two eyebrow lamination and two eyelash lifting treatments. Performance evidence for outcomes 3 and 4 should be holistically assessed reflective of industry standard procedure and timings.	Observed practical assessment on a minimum of four occasions. Practical assessments must include an eyelash tint / eyebrow tint / eyebrow shape in conjunction with two eyebrow lamination and two eyelash lifting treatments. Performance evidence for outcomes 3 and 4 should be holistically assessed reflective of industry standard procedure and timings.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
<p>J8FV 46</p> <p>Freeform Sculpture using Light Curing Gel</p>	<p>Closed-book conditions.</p> <p>Learners must demonstrate their knowledge of anatomy and physiology of the nail, absolute and relative contraindications, skin and nail conditions and disorders, factors affecting nail growth, contra-actions and ways to prevent over exposure.</p>	<p>Observed practical assessment on a minimum of two occasions.</p> <p>Practical assessments must include the application of two full sets of freeform sculptures, one using a natural opaque concealer and light curing gel, one using coloured light curing gel, and one removal of light curing gel freeform sculptures.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Observed practical assessment on a minimum of two occasions.</p> <p>Practical assessments must include the application of two full sets of freeform sculptures, one using a natural opaque concealer and light curing gel, one using coloured light curing gel, and one removal of light curing gel freeform sculptures.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Not applicable.</p>

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
<p>J8FT 46</p> <p>Freeform Sculpture using Liquid and Powder</p>	<p>Closed-book conditions.</p> <p>Learners must demonstrate their knowledge of anatomy and physiology of the nail, absolute and relative contraindications, skin and nail conditions and disorders, factors affecting nail growth, contra-actions and ways to prevent over exposure.</p>	<p>Observed practical assessment on a minimum of two occasions.</p> <p>Practical assessments must include the application of two full sets of freeform sculptures, one using a natural opaque concealer powder, one using coloured powder, and one removal of liquid and powder freeform sculptures.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Observed practical assessment on a minimum of two occasions.</p> <p>Practical assessments must include the application of two full sets of freeform sculptures, one using a natural opaque concealer powder, one using coloured powder, and one removal of liquid and powder freeform sculptures.</p> <p>Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Not applicable.</p>

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
<p>J8FN 46 Customised Make-up</p>	<p>Closed-book conditions. Learners must demonstrate their knowledge of skin type characteristics, colour characteristics, colour correction theory, structural and functional deterioration of the skin, aesthetic changes to the skins pigment and absolute and relative contraindications.</p>	<p>Observed practical assessment on a minimum of three occasions. Practical assessments must be on different clients with three differing skin tones. One client's skin must have visible signs of ageing. Cluster lashes to be used on one occasion and strip lashes to be used on one occasion. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Observed practical assessment on a minimum of three occasions. Practical assessments must be on different clients with three differing skin tones. One client's skin must have visible signs of ageing. Cluster lashes to be used on one occasion and strip lashes to be used on one occasion. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.</p>	<p>Not applicable.</p>

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
J8FP 46 Body Wrap Treatments	Closed-book conditions. Learners must demonstrate their knowledge of absolute and relative contraindications, contra-actions, anatomy and physiology of the body to include muscles, bones, structure and function of the skin. General effects of body wrap treatments, factors affecting skin condition, body type, body condition and body characteristics.	Observed practical assessment on a minimum of two occasions. Practical assessments must be on different clients. Different products and wrap should be used for each client. Exfoliation and body brushing should be used as pre-treatment preparation. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Observed practical assessment on a minimum of two occasions. Practical assessments must be on different clients. Different products and wrap should be used for each client. Exfoliation and body brushing should be used as pre-treatment preparation. Performance evidence for outcomes 2 and 3 should be holistically assessed reflective of industry standard procedure and timings.	Not applicable.

Unit code and title	Assessment: Outcome 1	Assessment: Outcome 2	Assessment: Outcome 3	Assessment: Outcome 4
FR0C 12 Health Eating and Wellbeing	<p>PC (a) and (b) — closed-book conditions.</p> <ul style="list-style-type: none"> • The main nutritional elements of food groups. • The effects of excess and deficiency in each nutritional element. <p>PC (c) and (d) — create a personal menu that demonstrates a balanced diet following current government guidelines.</p>	<p>PC (a), (b), (c) — open-book conditions.</p> <p>An investigation which must include the following:</p> <ul style="list-style-type: none"> • Benefits of taking physical activity. • Investigate the effects caffeine, alcohol and smoking have on health and wellbeing. • Research different methods of relaxation for wellbeing. <p>PC (d) — create a personal healthy lifestyle plan to include physical activity and relaxation methods to improve and / or maintain wellbeing.</p>	<p>Observed practical assessment.</p> <p>Learners will be required to consult with and advise on a minimum of three different clients.</p>	<p>Not applicable.</p>

6. Guidance on approaches to delivery and assessment

The NC in Beauty Therapy Services and Treatments award has been designed to develop skills reflective of the beauty industry. Learners will develop an understanding of essential knowledge and be encouraged to develop a positive and professional work ethic. Opportunities to develop a range of core and transferable skills will prepare successful learners for further study or employment in related industries.

Learners should receive an introduction to each unit explaining its content, details of the required knowledge and the performance evidence to be produced. This will enable learners to fully understand what is required.

Learners should have the opportunity to learn and develop their practical skills in a realistic working environment where they will experience workplace conditions, deal with customers, develop good working practices and learn the importance of teamwork.

Learning and teaching should incorporate both knowledge and practical skills to facilitate understanding and relevance of the knowledge enabling learners to carry out safe and effective treatments. The assessor should provide demonstrations followed by learner practice of consultation, treatment planning, and treatment skills on their peers to gain confidence and competence before advancing to work on clients. It is recommended that learners work on a variety of peers and clients to gain treatment experience and further develop their customer care and communication skills.

Learners should have product knowledge relating to the product range being used within the centre to enable them to select and use appropriate products and make recommendations to clients. Learners may be encouraged to research other product ranges to enhance their product knowledge.

Opportunities should be taken within the course to integrate knowledge of relevant current legislation in a realistic context. Learners should be aware of how legislation affects everyday practice in the salon. They will develop an understanding of their responsibilities in respect of relevant legislation and be able to check their own working practices and work area for any risk to themselves and others.

The use and purpose of reflective practice and evaluation to promote continuous improvement and how it informs future treatments should be encouraged. It is therefore important that learners get support and feedback from their assessor on their progress. Feedback should highlight aspects where learners did well and areas that require to be improved.

The group award encourages combined assessment of knowledge and performance evidence across units within the qualification.

Relevant anatomy and physiology is included in the knowledge component of each unit. Centres may deliver and assess this component for each unit in isolation or choose to extract the anatomy and physiology content across units combining both delivery and assessment. (Appendix 1).

Learners must receive sufficient training to prepare them for assessment to enable them to demonstrate competence of the standard required.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

The evidence requirements are fully expressed in the Statement of Standards section of each unit specification.

Evidence produced by learners must be valid, sufficient, reliable, authentic and current and relate directly to specific criteria.

It is recognised that alternative forms of recording assessment evidence will evolve using information and communications technologies. Regardless of the form of recording used, the guiding principle must be that information about practice must comply with legal requirements and best sector practice in relation to confidentiality. All evidence must be traceable for internal and external verification purposes. Additionally, assessors must ensure they are satisfied the evidence presented is traceable, auditable and authenticated and meets evidence requirements.

6.1 Sequencing / integration of units

The sequence for delivery of units is for individual centres to decide. Centres may wish to consider the assessment balance in each block / semester.

Centres are encouraged to combine assessment where practicable to avoid unnecessary repetition and over-assessment. For example:

- Facial Manual and Electrical Treatments (J8FX 46) could be combined with Body Massage Techniques (J8FM 46); Body Electrical Treatments (J8FL 46) and Body Wrap Treatments (J8FP 46).
- Hand and Foot Treatments (J8FW 46) could be combined with Freeform Sculpture using Light Curing Gel (J8FV 46) and Freeform Sculpture using Liquid and Powder (J8FT 46).
- Depilation Techniques (J8FY 46) could be combined with Eyelash and Eyebrow Treatments (J8FR 46).

The opportunity exists to assess the anatomy and physiology component for each unit in isolation, combine across groupings of units, or combine across all units. The method chosen should reflect the delivery option taken. A table providing a summary of anatomy and physiology is included as Appendix 1.

Similarly, the assessment of absolute and relative contraindications may be assessed either in each unit, combined across groupings of units, or combined across all units. A table providing a summary of absolute and relative contraindications across the award, as identified in the support notes, is included as Appendix 2.

Possible groupings for assessment:

- Facial Manual and Electrical Treatments (J8FX 46); Body Massage Techniques (J8FM 46) Body Electrical Treatments (J8FL 46) and Body Wrap Treatments (J8FP 46).
- Hand and Foot treatments (J8FW 46); Freeform Sculpture using Light Curing Gel (J8FV 46) and Freeform Sculpture Using Liquid and Powder (J8FT 46).
- Customised Make-up (J8FN 46) and Eyelash and Eyebrow Treatments (J8FR 46).

When combining assessment, the assessment conditions identified within the evidence requirements section of each unit specification must be considered, for example, a closed-book assessment cannot be carried out under open-book conditions.

6.2 Recognition of prior learning

SQA recognises that learners gain knowledge and skills acquired through formal, non-formal and informal learning contexts.

In some instances, a full group award may be achieved through the recognition of prior learning. However, it is unlikely that a learner would have the appropriate prior learning and experience to meet all the requirements of a full group award.

The recognition of prior learning may **not** be used as a method of assessing in the following types of units and assessments:

- HN Graded Units.
- Course and / or external assessments.
- Other integrative assessment units (which may or not be graded).
- Certain types of assessment instruments where the standard may be compromised by not using the same assessment method outlined in the unit.
- Where there is an existing requirement for a licence to practice.
- Where there are specific health and safety requirements.

- Where there are regulatory, professional or other statutory requirements.
- Where otherwise specified in an assessment strategy.

More information and guidance on the *Recognition of Prior Learning* (RPL) may be found on our website: [SQA Home Page](http://www.sqa.org.uk) (www.sqa.org.uk).

The following sub-sections outline how existing SQA units may contribute to this group award. Additionally, they also outline how this group award may be recognised for professional and articulation purposes.

6.2.1 Credit transfer

Old NC in Beauty Care (G9K2 46)	New NC in Beauty Therapy Services and Treatments	Credit transfer
Face and Body Electrotherapy: An Introduction (F6XK 12)	Facial Manual and Electrical Treatments (J8FX 46)	None
Depilation (HW19 33)	Depilation Techniques (J8FY 46)	Partial. Recognition of Prior Learning (RPL) opportunity
Body Massage (DN6C 33)	Body Massage Techniques (J8FM 46)	Partial. RPL opportunity
Face and Body Electrotherapy: An Introduction (F6XK 12)	Body Electrical Treatments (J8FL 46)	None
Manicure and Pedicure (F6XG 12)	Hand and Foot Treatments (J8FW 46)	Partial. RPL opportunity
Eye Enhancements (F6XF 12)	Eyelash and Eyebrow Treatments (J8FR 46)	None
Gel Nails (F6XJ 12)	Freeform Sculpture using Light Curing Gel (J8FV 46)	None

Old NC in Beauty Care (G9K2 46)	New NC in Beauty Therapy Services and Treatments	Credit transfer
Acrylic Nails (F6XH 12)	Freeform Sculpture using Liquid and Powder (J8FV 46)	Partial. RPL opportunity
Beauty: Creative Current Make-up (J17D 76)	Customised Make-up (J8FN 46)	None
Not applicable	Body Wrap Treatments (J8FP 46)	Not applicable
Not applicable	Healthy Eating and Wellbeing (FR0C 12)	Not applicable

6.3 Opportunities for e-assessment

Some of the units may lend themselves to a blended approach of e-learning / assessment. Where e-assessment is used, the assessment conditions contained within each unit specification should be followed.

6.4 Support materials

A list of existing Assessment Support Packs (ASPs) is available to view on SQA's website: [Internal Assessment Support Materials](http://www.sqa.org.uk/internal-assessment-support-materials) (www.sqa.org.uk/internal-assessment-support-materials).

6.5 Resource requirements

Centres will require a suitable realistic working environment in which learners can perform practical activities in conditions that reflect a real work environment. Simulation is not acceptable for any of the units within the qualification. The realistic working environment will require sufficient equipment, products, consumables and client base to give learners plenty of opportunity for practice to become assessment ready, and for assessment of each unit contained within the NC in Beauty Therapy Services and Treatments qualification. Learners should have access to ICT, a variety of current publications and online resources to encourage and support a level of independent study.

Centres that were approved to deliver NC Beauty Care (G9K2 46) will be given approval onto this award Beauty Therapy Services and Treatments (XXXX) Any new centres seeking approval will have to go through SQA approval process.

Risk assessment should be carried out for all activities as required. Personal protective equipment clothing will be essential, for example, uniforms, aprons, single use gloves (non-latex). Appropriate safe storage facilities will be needed for all equipment, products and consumables.

Centres are required to have effective internal assessment and verification procedures to ensure standardisation of assessment, to ensure learners are assessed fairly and consistently, and that standards are being met.

The occupational expertise of those involved in the assessment and quality assurance processes is key to ensure valid, fair and reliable assessment.

The assessor and internal verifier must be occupationally competent. They should:

- Hold an appropriate professional / technical qualification which demonstrates an in-depth technical knowledge of the qualification and / or its units and the standard of competencies required, for example Higher National Certificate (HNC) in Beauty Therapy, Higher National Diploma (HND) in Beauty Therapy or equivalent.
- Be able to interpret current working practices, technologies and products within the area of work and be committed to upholding the integrity of the qualification and / or its units.
- Demonstrate competence in assessment and / or internal verification of the subject.
- Have access to and engage with, continuous professional development activities, to keep up to date with developments and any issues relevant to the qualification and / or its units.

7. General information for centres

Equality and inclusion

The unit specifications making up this group award have been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners will be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website:

[SQA Assessment Arrangements](http://www.sqa.org.uk/assessmentarrangements) (www.sqa.org.uk/assessmentarrangements).

Internal and external verification

All assessments used within these qualifications should be internally verified, using the appropriate policy within the centre and the guidelines set by SQA.

External verification will be carried out by SQA to ensure that internal assessment is within the national guidelines for these qualifications.

Further information on internal and external verification can be found in SQA's Guide to Assessment [Guide to Assessment](http://www.sqa.org.uk/files_ccc/Guide_To_Assessment.pdf) (www.sqa.org.uk/files_ccc/Guide_To_Assessment.pdf)

8. Glossary of terms

Absolute contraindication: An absolute contraindication is a condition that prevents the service from being carried out and may require referral.

Relative contraindication: A relative contraindication is a condition which requires assessment for the suitability for the service and / or if adaptations are required.

Contra-action: An adverse reaction that may occur during or shortly after a treatment

Finish date: The end of a group award's lapsing period is known as the finish date. After the finish date, the group award will no longer be live and the following applies:

- candidates may not be entered for the group award.
- the group award will continue to exist only as an archive record on the Awards Processing System (APS).

Lapsed Award: a qualification that is entering its lapsing period, meaning that new learners can no longer register for the award, but those who are already registered can still complete it.

SQA credit value: The credit value allocated to a unit gives an indication of the contribution the unit makes to an SQA group award. An SQA credit value of 1 given to an SQA unit represents approximately 40 hours of programmed learning, teaching and assessment.

SCQF: The Scottish Credit and Qualification Framework (SCQF) provides the national common framework for describing all relevant programmes of learning and qualifications in Scotland. SCQF terminology is used throughout this guide to refer to credits and levels. For further information on the SCQF visit the SCQF website at www.scqf.org.uk.

SCQF credit points: SCQF credit points provide a means of describing and comparing the amount of learning that is required to complete a qualification at a given level of the Framework. One National Unit credit is equivalent to 6 SCQF credit points. One National Unit credit at Advanced Higher and one Higher National Unit credit (irrespective of level) is equivalent to 8 SCQF credit points.

SCQF levels: The level a qualification is assigned within the framework is an indication of how hard it is to achieve. The SCQF covers 12 levels of learning. HNCs and HNDs are available at SCQF levels 7 and 8 respectively. Higher National Units will normally be at levels 6 to 9 and graded units will be at level 7 and 8. National Qualification Group Awards are available at SCQF levels 2 to 6 and will normally be made up of National Units which are available from SCQF levels 2 to 7.

Subject unit: Subject units contain vocational / subject content and are designed to test a specific set of knowledge and skills.

Signposted Core Skills: Refers to opportunities to develop Core Skills that arise in learning and teaching but are not automatically certificated.

History of changes

It is anticipated that changes will take place during the life of the qualification and this section will record these changes. This document is the latest version and incorporates the changes summarised below. Centres are advised to check SQA's APS Navigator to confirm they are using the up-to-date qualification structure.

Note: Where a unit is revised by another unit:

- No new centres may be approved to offer the unit which has been revised.
- Centres should only enter candidates for the unit which has been revised where they are expected to complete the unit before its finish date.

Version number	Description	Date

Acknowledgement

SQA acknowledges the valuable contribution that Scotland's colleges have made to the development of this qualification.

Template version: January 2025

9. General information for learners

This information will help you decide whether this is the qualification for you by explaining what the qualification is about, what you should know or be able to do before you start, what you will need to do during the qualification and opportunities for further learning and employment.

This group award is intended to engage and support beauty practitioners to develop their knowledge and skills reflective of the skills required by the beauty industry. It will provide you with a beauty qualification and prepare you for progression to further study within this vocational area or employment within the beauty industry.

This qualification contains units that provide underpinning knowledge and technical skills reflective of industry practice. You will become confident in a range of technical skills through units such as facial manual and electrical treatments, depilation techniques and body massage techniques. You will learn the importance of working together as part of a salon team to meet the diverse needs of clients. Employability skills such as time keeping, treatment timing, customer care and personal presentation will be developed as will the opportunity to consider good citizenship through recycling products and consumables, waste control measures and having an appreciation of the sustainability of product brands used.

The mandatory units within the group award will enable you to develop the fundamental skills required by the beauty industry. The range of optional credits will enable you to extend and build on these to enhance your competencies.

A variety of assessment methods will be used for this qualification. You will be required to produce evidence to demonstrate your knowledge and skills. Knowledge may be assessed by written, oral or electronic methods. Assessment of practical skills will be observed and will be supported by observation records and accurately completed consultation records.

The National Certificate (NC) in Beauty Therapy Services and Treatments will also help you develop aspects of Core Skills. There will be no automatic certification of Core Skills or Core Skill components in this group award.

The NC in Beauty Therapy Services and Treatments is suitable for direct entrants however some experience and prior knowledge in the subject area would be beneficial. This qualification is suitable for those already working within the beauty industry. It also offers a progression route for learners from NC Beauty Therapy Skills at SCQF level 5 or the following NPAs:

- NPA in Hand and Foot Care and Nail Art (GV0G 45)
- NPA in Facial and Eye Treatments (GV0E 45)
- NPA in Make-up and Eye Treatments (GV0H 45)
- NPA in Scalp, Back, Neck and Shoulder Massage (GV0K 45)

On successful completion of the NC in Beauty Therapy Services and Treatments qualification you may progress to HNC Beauty Therapy followed by HND Beauty Therapy thereafter or you may enter employment to pursue a career within the beauty industry.

Full details of specific evidence requirements are contained in the individual unit specifications which will be available to view on the SQA website.

Appendix 1: Anatomy and Physiology

Unit code and title	Anatomy and Physiology
J8FX 46 Facial Manual and Electrical Treatments	Structure of the skin Function of the skin Bones and muscles of the face, neck and shoulder Effects on the circulatory and lymphatic systems Effects on the muscular, skeletal and nervous systems
J8FY 46 Depilation Techniques	Structure of the skin Hair structure Hair growth cycle
J8FM 46 Body Massage Techniques	Structure of the skin Function of the skin Bones and muscles of the body Postural faults
J8FL 46 Body Electrical Treatments	Structure of the skin Function of the skin Bones and muscles of the body Postural faults
J8FW 46 Hand and Foot Treatments	Structure of the skin Function of the skin Structure of the nail Function of the nail Bones and muscles of the lower arm and hand Bones and muscles of the lower leg and foot Effects on the circulatory and lymphatic systems
J8FR 46 Eyelash and Eyebrow Treatments	Structure of the skin Hair structure Hair growth cycle

Unit code and title	Anatomy and Physiology
J8FV 46 Freeform Sculpture using Light Curing Gel	Structure of the nail
J8FV 46 Freeform Sculpture using Liquid and Powder	Structure of the nail
J8FN 46 Customised Make-up	Structure of the skin Function of the skin
J8FP 46 Body Wrap Treatments	Structure of the skin Function of the skin Bones and muscles of the body Effects on the circulatory and lymphatic systems Effects on the muscular, skeletal and nervous systems

Appendix 2: Absolute and relative contraindications

Unit code and title	Absolute and relative contraindications
<p>J8FX 46 Facial Manual and Electrical Treatments</p>	<p>Undergoing medical treatment Heart conditions Pacemaker Dysfunction of the nervous system Diabetes Epilepsy High / low blood pressure Metal plates or pins Medication Pregnancy Piercings Cuts and abrasions Skin diseases Conjunctivitis Styes Impetigo Herpes Simplex (cold sores)</p>
<p>J8FY 46 Depilation Techniques</p>	<p>Diabetes Cuts and abrasions Skin diseases Skin infections Eczema Psoriasis Varicose veins Recent fractures Recent scar tissue Sepsis Bruising Use of strong / medicated exfoliator Laser / microdermabrasion treatments</p>

Unit code and title	Absolute and relative contraindications
J8FM 46 Body Massage Techniques	Undergoing medical treatment Heart conditions Pacemaker Dysfunction of the nervous system Diabetes Epilepsy High / low blood pressure History of thrombosis or embolism Metal plates or pins Medication Pregnancy Piercings Cuts and abrasions Skin diseases Skin infections Varicose veins
J8FL 46 Body Electrical Treatments	Undergoing medical treatment Heart conditions Pacemaker Dysfunction of the nervous system Diabetes Epilepsy High / low blood pressure History of thrombosis or embolism Metal plates or pins Medication Pregnancy Piercings Cuts and abrasions Skin diseases Skin infections Varicose veins

Unit code and title	Absolute and relative contraindications
<p>J8FW 46 Hand and Foot Treatments</p>	<p>Diabetes Epilepsy Cuts and abrasions Eczema Psoriasis Varicose veins Recent fractures Recent scar tissue Warts Verrucas Athlete's foot Impetigo Scabies Paronychia Ingrown toe nail Severe nail separation / onycholysis Tinea unguium Bruised nail Onychoptosis Onychiauxis Pseudomonas Skin allergies</p>
<p>J8FR 46 Eyelash and Eyebrow Treatments</p>	<p>Cuts and abrasions Skin infections Conjunctivitis Styes Blepharitis Hypersensitivity Redness, lumps and swellings Bruising Impetigo</p>

Unit code and title	Absolute and relative contraindications
J8FV 46 Freeform Sculpture using Light Curing Gel	Cuts and abrasions Recent scar tissue Warts Impetigo Scabies Paronychia Severe nail separation / onycholysis Pseudomonas Tinea unguium Bruised nail Skin allergies
J8FV 46 Freeform Sculpture using Liquid and Powder	Cuts and abrasions Recent scar tissue Warts Impetigo Scabies Paronychia Severe nail separation / onycholysis Pseudomonas Tinea unguium Bruised nail Skin allergies
J8FN 46 Customised Make-up	Cuts and abrasions Skin infections Conjunctivitis Styes Redness, lumps and swellings Bruising Impetigo Herpes Simplex (cold sores)

Unit code and title	Absolute and relative contraindications
J8FP 46 Body Wrap Treatments	Undergoing medical treatment Heart conditions Pacemaker Dysfunction of the nervous system Diabetes Epilepsy High / low blood pressure History of thrombosis or embolism Metal plates or pins Medication Pregnancy Piercings Cuts and abrasions Skin diseases Skin infections Varicose veins