



Higher National Unit Specification

General information

Unit title: Beauty Therapy: Depilation (SCQF level 6)

Unit code: HW19 33

Superclass: HL

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Version: 01

Unit purpose

This unit has been designed to enable learners to develop their waxing technique. They will gain knowledge of skin and hair structure, hair growth, causes of excess hair growth, hair types, contra-indications, special care conditions and contra-actions. Learners will develop the skills required to remove hair from various areas on the face and body and will consult with clients to develop treatment plans for individuals.

Learners will demonstrate knowledge of and adherence to relevant health and safety procedures; appearance which reflects organisational and industry standards and effective communication and consultation techniques.

This unit will be beneficial for those who wish to pursue a career within the beauty therapy industry.

Outcomes

On successful completion of the unit the learner will be able to:

- 1 Demonstrate an understanding of the essential knowledge relating to depilation.
- 2 Plan and prepare for depilation treatments.
- 3 Perform and evaluate depilation treatments.

Credit points and level

1 Higher National Unit credit at SCQF level 6: (8 SCQF credit points at SCQF level 6)

Higher National Unit Specification: General information (cont)

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Recommended entry to the unit

Access to this unit is at the discretion of the centre. No prior knowledge is required but learners should possess good communication and interpersonal skills.

Core Skills

Opportunities to develop aspects of Core Skills are highlighted in the support notes for this unit specification.

There is no automatic certification of Core Skills or Core Skill components in this unit.

Context for delivery

This is an optional unit in the framework for HNC/HND Beauty Therapy. It is recommended that it is taught and assessed within the context of the particular group award to which it contributes.

Equality and inclusion

This unit specification has been designed to ensure that there are no unnecessary barriers to learning or assessment. The individual needs of learners should be taken into account when planning learning experiences, selecting assessment methods or considering alternative evidence.

Further advice can be found on our website www.sqa.org.uk/assessmentarrangements.

Higher National Unit Specification: Statement of standards

Unit title: Beauty Therapy: Depilation (SCQF level 6)

Acceptable performance in this unit will be the satisfactory achievement of the standards set out in this part of the unit specification. All sections of the statement of standards are mandatory and cannot be altered without reference to SQA.

Where evidence for Outcomes is assessed on a sample basis, the whole of the content listed in the Knowledge and/or Skills section must be taught and available for assessment. Learners should not know in advance the items on which they will be assessed and different items should be sampled on each assessment occasion.

Outcome 1

Demonstrate an understanding of the essential knowledge relating to depilation.

Knowledge and/or skills

- ◆ Structures of the skin
- ◆ Hair structure
- ◆ Hair growth cycle
- ◆ Hair types
- ◆ Causes of excess hair growth
- ◆ Ingrown hairs
- ◆ Contra-indications
- ◆ Special care conditions
- ◆ Contra-actions

Outcome 2

Plan and prepare for depilation treatments.

Knowledge and/or skills

- ◆ Organisational and industry standards of personal preparation
- ◆ Communication skills
- ◆ Consultation techniques
- ◆ Reasons for consultation
- ◆ Client confidentiality
- ◆ Treatment planning
- ◆ Treatment environment preparation
- ◆ Equipment preparation
- ◆ Current relevant health and safety legislation

Higher National Unit Specification: Statement of standards (cont)

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Outcome 3

Perform and evaluate the depilation treatments.

Knowledge and/or skills

- ◆ Current waxing techniques — warm and hot wax
- ◆ Correct application and removal techniques
- ◆ Product selection
- ◆ Skin sensitivity testing
- ◆ When and how to trim over-long hair
- ◆ Treatment areas: face, body, limbs
- ◆ Client preparation and positioning
- ◆ Client comfort and safety
- ◆ Waste disposal
- ◆ Commercial treatment timing
- ◆ Time management
- ◆ Relevant current Health and Safety legislation
- ◆ After care and homecare advice
- ◆ Methods used to evaluate the effectiveness of the depilation technique and product selection
- ◆ Self-evaluation

Evidence requirements for this unit

The assessment of Outcomes 2 and 3 of this unit should be assessed holistically.

Learners will need to provide evidence to demonstrate their knowledge and/or skills across all outcomes by showing that they can:

Outcome 1 — structured questions

Answer structured questions in closed-book conditions. The questions set must enable learners to demonstrate their understanding of essential knowledge relating to depilation and cover.

- ◆ Structures of the skin
- ◆ Hair structure — epidermis, dermis
- ◆ Hair growth cycle: Anagen, Catagen, Telogen
- ◆ Hair types: Lanugo, Vellus, terminal
- ◆ Causes of excess hair growth
- ◆ Ingrown hair
- ◆ Contra-indications
- ◆ Special care conditions
- ◆ Contra-actions

Higher National Unit Specification: Statement of standards (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

Outcomes 2 and 3 — Practical activity

Demonstrate by observed practical performance on a minimum of six areas on four different clients that they are able to plan, prepare for, perform and evaluate depilation treatments.

Two of the performances must demonstrate multiple treatment areas.

Treatment areas must include Face: upper lip and eyebrow; Body: underarms and bikini; Limbs: half leg and full leg.

Learners must :

- ◆ prepare self appropriately following current industry and organisational requirements.
- ◆ prepare treatment environment appropriately.
- ◆ demonstrate effective consultation techniques.
- ◆ check for contra-indications, and special care conditions.
- ◆ devise an appropriate treatment plan.
- ◆ identify waxing methods and products appropriate to treatment area(s) and hair type(s).
- ◆ prepare products and equipment required for treatment correctly.
- ◆ prepare and position client appropriately.
- ◆ trim over long hair prior to waxing (if required).
- ◆ carry out a skin sensitivity test.
- ◆ demonstrate correct application and removal technique:
 - Face:
 - upper lip
 - eyebrow
 - Body:
 - underarms
 - bikini
 - Limbs:
 - half leg
 - full leg
- ◆ ensure client comfort and safety throughout treatment.
- ◆ dispose of waste.
- ◆ perform treatment within a commercial time.
- ◆ time management.
- ◆ give advice on contra-actions (if applicable).
- ◆ give relevant aftercare and homecare advice.
- ◆ comply with relevant health and safety legislation.
- ◆ evaluate the effectiveness of the depilation treatment in relation to technique and product selection.

An assessor observation checklist must be used to provide evidence of performance supported by an accurately completed client consultation record completed by the learner.

Practical performance must be carried out in a commercially acceptable time.



Higher National Unit Support Notes

Unit title: Beauty Therapy: Depilation (SCQF level 6)

Unit support notes are offered as guidance and are not mandatory.

While the exact time allocated to this unit is at the discretion of the centre, the notional design length is 40 hours.

Guidance on the content and context for this unit

This unit has been designed to enable learners to develop their waxing technique. They will gain knowledge of skin and hair structure, hair growth, causes of excess hair growth, hair types, contra-indications, special care conditions and contra-actions. Learners will develop the skills required to remove hair from various areas on the face and body and will consult with clients to develop treatment plans for individuals.

Learners will demonstrate knowledge of and adherence to relevant health and safety procedures, appearance which reflects organisational and industry standards and effective communication and consultation techniques.

Key areas of knowledge will be:

- ◆ Structures of the skin
- ◆ Hair structure
- ◆ Hair growth cycle
- ◆ Hair types
- ◆ Causes of excess hair growth
- ◆ Ingrown hairs
- ◆ Contra-indications: thrombosis, varicose veins, after heat treatments, skin diseases, malignant melanoma, severe bruising, diminished skin sensitivity, recent haemorrhage/swelling in treatment area
- ◆ Special care conditions: diabetes, pregnancy, moles, breast implants, warts, recent scar tissue, skin disorders, unidentified lumps, cuts, abrasions
- ◆ Contra-actions
- ◆ Organisational and industry standards of personal preparation
- ◆ Consultation techniques
- ◆ Reasons for consultation
- ◆ Client confidentiality
- ◆ Treatment planning
- ◆ Treatment environment preparation
- ◆ Equipment preparation
- ◆ Current waxing techniques — warm and hot wax

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

- ◆ Correct application and removal techniques
- ◆ Product selection
- ◆ Skin sensitivity testing
- ◆ When and how to trim over-long hair
- ◆ Treatment areas: face, body, limbs
- ◆ Client preparation and positioning
- ◆ Client comfort and safety
- ◆ Waste disposal
- ◆ Commercial treatment timing
- ◆ Time management
- ◆ Relevant current Health and Safety legislation
- ◆ After care and homecare advice
- ◆ Methods used to evaluate the effectiveness of the depilation technique and product selection
- ◆ Self-evaluation

Guidance on approaches to delivery of this unit

An induction to the unit should be given which enables learners to understand fully what is required and the approaches which will be adopted. A learner centred, participative and practical approach should be encouraged throughout.

Due to the practical nature of the unit, each part of learning and teaching should incorporate both theory and practice, to facilitate learning. Learners will therefore understand the relevance of the knowledge more easily as they experience the practical application.

It is important that learners get feedback on their progress throughout. Feedback should highlight aspects where learners did well and areas that require to be improved.

Tutorials should be given to cover theoretical aspects of the unit.

Practical demonstration followed by supported role-play, initially with peers will enable the candidate to practise and gain competence and confidence before progressing to the working environment. Formative work throughout will enhance performance.

Emphasis should be placed on the importance of communicating with clients in a professional manner while communicating effectively during consultation and developing treatments plans.

Opportunities should be taken within unit delivery to integrate relevant current legislation knowledge in a realistic context. Learners should be aware of how legislation affects everyday practice in the salon. They will develop an understanding of their responsibilities with regard to relevant legislation and be able to check their own working practices and working areas for any risks to themselves or others.

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

The learner should be encouraged to develop good working practices which meet both organisational and current national health and safety policies and procedures, enhancing their employability skills profile.

Achievement of this unit will be dependent on the learner being able to demonstrate knowledge and carry out practical activities either in a realistic working environment or real workplace, which involves working with customers, working with others in a team and will develop good working practice.

The unit, therefore, should incorporate a variety of approaches to learning and teaching, including:

- ◆ Tutorials supported by handouts
- ◆ Demonstration
- ◆ Group work and discussion
- ◆ Practical activities
- ◆ Reflection and evaluation

Practical demonstrations should be broken down in a manner which will support the learning process. The importance of working safely in the salon should be stressed. Cost effective use of products should also be discussed. Learners should be able to give relevant aftercare and homecare advice to clients and re-assure clients where contra-actions occur.

It is important that learners are made aware of the handling, disposing and storing of equipment and materials must comply with both the organisations, manufacturer instructions and legal requirements.

Guidance on approaches to assessment of this unit

Evidence can be generated using different types of assessment. The following are suggestions only. There may be other methods that would be more suitable to learners.

Centres are reminded that prior verification of centre-devised assessments would help to ensure that the national standard is being met. Where learners experience a range of assessment methods, this helps them to develop different skills that should be transferable to work or further and higher education.

The evidence requirements are fully expressed in the mandatory section of this unit specification.

The assessment of Outcomes 2 and 3 of this Unit should be assessed holistically.

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

Outcome 1

Answer structured questions in closed-book conditions.

Outcomes 2 and 3

Demonstrate by observed practical performance on a minimum of six areas on four different clients that they are able to plan, prepare for, perform and evaluate depilation treatments.

Two of the performances must demonstrate multiple treatment areas.

Treatment areas must include Face: upper lip and eyebrow; Body: underarms and bikini; Limbs: half leg and full leg.

Practical performance must be carried out in a commercially acceptable time.

Opportunities for e-assessment

E-assessment may be appropriate for some assessments in this unit. By e-assessment we mean assessment which is supported by Information and Communication Technology (ICT), such as e-testing or the use of e-portfolios or social software. Centres which wish to use e-assessment must ensure that the national standard is applied to all learner evidence and that conditions of assessment as specified in the evidence requirements are met, regardless of the mode of gathering evidence. The most up-to-date guidance on the use of e-assessment to support SQA's qualifications is available at www.sqa.org.uk/e-assessment.

Opportunities for developing Core and other essential skills

Aspects of the Core Skill of *Problem Solving*, that is, Planning and Organising, Critical Thinking, and Reviewing and Evaluating, will be naturally developed as the depilation treatment is planned and safely undertaken. In planning the treatment learners will identify and analyse a range of factors including suitable products, equipment and techniques to ensure the treatment meets the needs of each individual client. The treatment application must ensure client comfort and safety. Compliance with health and safety legislation is integral to achievement.

Communication skills are not formally assessed however learners will be expected to present oral and written communication to an acceptable professional standard.

Oral communication skills will be developed in practical work with clients when interaction must be professional, sensitive and empathic. Communicating appropriate information to clients, explaining and reassuring during treatment sessions and giving aftercare advice and homecare advice will be an essential aspect of competence. Learners should be fully aware of a range of active listening techniques in order to relate and respond to others in the most appropriate and effective way, adapting language, register and style to suit their purpose and clientele.

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

In addition to the specific vocational skills developed and assessed learners will have the opportunity to develop generic skills which will enhance their employability skills profile, eg customer care skills, communication skills, time management.

History of changes to unit

Version	Description of change	Date

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General information for learners

Higher National Unit Support Notes (cont)

Unit title: Beauty Therapy: Depilation (SCQF level 6)

This section will help you decide whether this is the unit for you by explaining what the unit is about, what you should know or be able to do before you start, what you will need to do during the unit and opportunities for further learning and employment.

In this unit you will develop the skills required to remove hair from various areas on the face and body. You will gain knowledge of skin and hair structure, hair growth, causes of excess hair growth, hair types, contra-indications, special care conditions and contra-actions. Your practical skills will be developed by consulting with clients to develop treatment plans then preparing for and performing depilation treatments. You will give clients homecare and aftercare advice and evaluate the effectiveness of the treatment in relation to technique and product selection.

You will demonstrate knowledge of and adherence to relevant health and safety procedures; appearance which reflects organisational and industry standards and effective communication and consultation techniques.

You will be assessed by answering structured questions in closed-book conditions to demonstrate your understanding of essential knowledge relating to depilation and will be observed carrying out depilation treatments on a minimum of six areas of the face and body on four different clients. Two of the performances must demonstrate multiple treatment areas. Treatment areas must include Face: upper lip and eyebrow; Body: underarms and bikini; Limbs: half leg and full leg.

An assessor observation checklist must be used to provide evidence of performance supported by an accurately completed client consultation record completed by the learner.

Practical performance must be carried out in a commercially acceptable time.

Key areas of knowledge will be:

- ◆ Structures of the skin
- ◆ Hair structure
- ◆ Hair growth cycle
- ◆ Hair types
- ◆ Causes of excess hair growth
- ◆ Ingrown hairs
- ◆ Contra-indications: thrombosis, varicose veins, after heat treatments, skin diseases, malignant melanoma, severe bruising, diminished skin sensitivity, recent haemorrhage/swelling in treatment area
- ◆ Special care conditions: diabetes, pregnancy, moles, breast implants, warts, recent scar tissue, skin disorders, unidentified lumps, cuts, abrasions
- ◆ Contra-actions
- ◆ Personal preparation
- ◆ Consultation techniques
- ◆ Reasons for consultation

General information for learners (cont)

Higher National Unit Support Notes (cont)

- ◆ Client confidentiality
- ◆ Treatment planning
- ◆ Treatment environment preparation
- ◆ Equipment preparation
- ◆ Current waxing techniques — warm and hot wax
- ◆ Correct application and removal methods
- ◆ Product selection
- ◆ Skin sensitivity testing
- ◆ When and how to trim over-long hair
- ◆ Treatment areas: face, body, limbs
- ◆ Client preparation and positioning
- ◆ Client comfort and safety
- ◆ Waste disposal
- ◆ Commercial timing
- ◆ Time management
- ◆ Relevant current Health and safety legislation
- ◆ After care and homecare advice
- ◆ Methods used to evaluate the effectiveness of the depilation technique
- ◆ Self-evaluation

Aspects of the Core Skill of *Problem Solving*, that is, Planning and Organising, Critical Thinking, and Reviewing and Evaluating, will be naturally developed as the depilation treatment is planned and safely undertaken. In planning the treatment you will identify and analyse a range of factors including suitable products, equipment and techniques to ensure the treatment meets the needs of each individual client. The treatment application must ensure client comfort and safety. Compliance with health and safety legislation is integral to achievement.

Communication skills are not formally assessed however you will be expected to present oral and written communication to an acceptable professional standard. Oral communication skills will be developed in practical work with clients when interaction must be professional, sensitive and empathic. Communicating appropriate information to clients, explaining and reassuring during treatment sessions and giving aftercare advice and homecare advice will be an essential aspect of competence. You should be fully aware of a range of active listening techniques in order to relate and respond to others in the most appropriate and effective way, adapting language, register and style to suit their purpose and clientele.

In addition to the specific vocational skills developed and assessed you will have the opportunity to develop generic skills which will enhance their employability skills profile, eg customer care skills, communication skills, time management.