



National
Qualifications
2025

2025 Care

National 5

Question Paper Finalised Marking Instructions

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General marking principles for National 5 Care

Always apply these general principles. Use them in conjunction with the specific marking instructions, which identify the key features required in candidates' responses.

- (a) Always use positive marking. This means candidates accumulate marks for the demonstration of relevant skills, knowledge and understanding; marks are not deducted for errors or omissions.
- (b) If a candidate response does not seem to be covered by either the principles or detailed marking instructions, and you are uncertain how to assess it, you must seek guidance from your team leader.
- (c) The term 'or any other acceptable answer' allows for the possible variation in candidate responses. Credit should be given according to the accuracy and relevance of candidates' answers. The skill of using appropriate terminology is reflected in exemplar responses. However, at this level candidates may be awarded marks where the answer is accurate but expressed in their own words.
- (d) Questions that ask the candidate to 'identify' or 'name' or 'give' or ask 'what is' or 'what are' are straightforward questions requiring candidates to recall key points of knowledge or to give examples. The number of marks available for these questions reflect the number of points the candidate needs to make. For example, if **1 mark** is available the candidate needs to give one correct point. If **3 marks** are available the candidate needs to make three correct key points.
- (e) Questions that ask the candidate to 'describe' require the candidate to apply their knowledge and understanding to make a point and then develop this point by giving further information. For example, if **2 marks** are available then award a mark for making the main point and a further mark for developing the point by giving additional or related information.
- (f) Questions that ask the candidate to 'explain' or 'use' require the candidate to apply their Care knowledge and understanding to give further information about the meaning of something, to give reasons or show connections. This may include explaining features of a theory, or explaining behaviour using approaches, concepts or theories, or relating these to a care context. For example, if **3 marks** are available for an 'explain' question, award **1 mark** for making a key point of explanation and a further mark for each additional correct key point of explanation.

Marking instructions for each question

Section 1 – Human development and behaviour

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
1.		<p>This question has an ‘identify’ command.</p> <p>The candidate has to identify one life experience for 1 mark.</p>	1	<p>The life experience identified must relate to ‘older adulthood’ and may include:</p> <ul style="list-style-type: none"> • retiring from work • meeting new people • loss of loved one or friend • developing new relationships with grandchildren • taking up a new hobby • loss of physical or cognitive ability. <p>Or any other appropriate response.</p>
2.		<p>This question has a ‘describe’ command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>The description should relate to Social Development in adolescence, which may include:</p> <ul style="list-style-type: none"> • moving further away from family (emotions) • influences of emotional factors • sexual attraction • changing relationships with parents • importance of peer groups • changing roles. <p>Or any other appropriate response.</p>
3.		<p>This question has a ‘describe’ command.</p> <p>Award up to 4 marks for an accurate description covering two key concepts.</p>	4	<p>The candidate must give a description of two key concepts to gain all 4 marks.</p> <p>Key concepts of the Humanistic approach may include:</p> <ul style="list-style-type: none"> • people are born with the potential for growth • uniqueness of individuals • achieving full potential. <p>Or any other appropriate response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
4.		<p>This question has an ‘explain’ command.</p> <p>Questions that ask the candidate to ‘explain’ require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark to a maximum of 3 marks.</p>	3	<p>The candidate must give a clear explanation to gain all 3 marks.</p> <p>Sample answer: Psychology helps care workers understand why people behave the way they do, for example, through learned behaviour (1 mark).</p> <p>It is important for care workers to understand what influences individual development and behaviour (1 mark).</p> <p>This knowledge and understanding will enable them to build positive relationships with individuals they support (1 mark).</p> <p>Or any appropriate point of explanation.</p>

Section 2 – Social influences

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
5.	(a)	<p>This question has a ‘describe’ command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>The description should relate to Marginalisation, which may include:</p> <ul style="list-style-type: none"> • marginalisation is where an individual or group are put on the fringes of society and often denied rights, power or access to services and opportunity. <p>No marks can be awarded for basic answer such as ‘Marginalisation is when people are marginalised’.</p> <p>Or any other appropriate response.</p>
	(b)	<p>This question has an ‘explain’ command.</p> <p>Questions that ask the candidate to ‘explain’ require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark to a maximum of 4 marks.</p>	4	<p>The candidate should provide an explanation of the possible impact of marginalisation on an individual’s self-esteem. Points of explanation could include:</p> <ul style="list-style-type: none"> • a person who is overweight may feel depressed as there may be no suitable clothes when shopping, they are unable to influence stores or fashion outlets resulting in feelings of powerlessness and their self-esteem will be reduced • a teacher who does not ensure good communication with a pupil with hearing loss may result in the pupil not understanding the subject, being excluded by fellow pupils resulting in loneliness and self-esteem <p>Or any other appropriate response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
6.		<p>This question has a 'describe' command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>A valid description of the sociological term consensus could include:</p> <ul style="list-style-type: none"> • the expected behaviour of groups in society to obey the rules and structures of society built upon agreed norms and values • eg, a person who commits a crime is deviant and are not following the expected rules, norms and values that we share. <p>Or any other appropriate response.</p>
7.		<p>This question has a 'describe' command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>A valid description of peer groups as an agent of secondary socialisation could include:</p> <p>Peer groups:</p> <ul style="list-style-type: none"> • made up of individuals with similar characteristics (friends, colleagues, etc.) • influence people by their behaviour, values and views so that they are accepted and fit in with the group • being in a recognised group is often recognised and accepted in society. <p>Or any other appropriate response.</p>

Section 3 – Values and principles

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
8.		<p>This question has a ‘describe’ command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>A valid description of the monitoring stage of the care planning process could include:</p> <ul style="list-style-type: none"> • should take place at regular intervals • should be updated to reflect change in needs and circumstances • identifies what is working well and what needs to be changed • will monitor if outcomes are being met or worked towards. <p>Or any other appropriate response.</p>
9.		<p>This question has a ‘describe’ command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>A valid description of the reviewing stage of the care planning process could include:</p> <ul style="list-style-type: none"> • will consider what is working well and what needs to change • will consider what additional resources are needed • service user should be involved along with family, care staff and professionals • will look at what outcomes have been met and what continues to need addressing. <p>Or any other appropriate response.</p>

Question	General marking instructions for this type of question	Max mark	Specific marking instructions for this question
10.	<p>This question has a 'describe' command.</p> <p>Award up to 2 marks for an accurate description.</p>	2	<p>Candidates must correctly describe one feature of a positive care environment from: Organisational, Therapeutic, Physical or Community.</p> <p>Organisational:</p> <ul style="list-style-type: none"> • aims and objectives • mission statement • policies and guidelines • training and supervision of workers • promotion of good quality assessment and care management • working in partnership with other relevant organisations • involvement of service users and others. <p>Therapeutic:</p> <ul style="list-style-type: none"> • where the service is based in a building • the building and grounds • the location of the service and transport links • accessibility of the service ie ramps, lifts. <p>Physical:</p> <ul style="list-style-type: none"> • the physical environment matters, house resource centre or residential unit • if it's a building, the location, accessibility, décor and state of repair are all important, with maximum decision making in all of these by service users. <p>Community:</p> <ul style="list-style-type: none"> • links with family and local community • use of community resources and opportunities by service users • links with other similar groups locally, nationally, internationally and electronically. <p>Or any other appropriate response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
11.	(a)	<p>This question has an ‘explain’ command.</p> <p>Questions that ask the candidate to ‘explain’ require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark to a maximum of 4 marks.</p>	4	<p>Points of explanation could include:</p> <ul style="list-style-type: none"> • ensures that Ella’s needs and views are put at the centre of her care • empowers Ella in agreeing outcomes for her care plan • ensures Ella is treated with compassion and dignity • the care plan will be tailored to her needs • everyone involved with Ella will have a common goal to work towards securing the best outcome for her. <p>Or any other appropriate response.</p>
	(b)	<p>This question has a ‘describe’ command.</p> <p>Award up to 3 marks for an accurate description.</p>	3	<p>A valid description in relation to the home support care worker treating Ella with Dignity and Respect could include:</p> <ul style="list-style-type: none"> • they should respect and promote her rights • Ella should be respected and treated with dignity as an individual • Ella should be treated fairly and not experience discrimination • Ella should have her privacy respected • personal care should be carried out in a dignified way • Ella should be spoken to in a way that is courteous and respectful. <p>Or any other appropriate response.</p>

Question		General marking instructions for this type of question	Max mark	Specific marking instructions for this question
	(c)	<p>This question has an ‘explain’ command.</p> <p>Questions that ask the candidate to ‘explain’ require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark to a maximum of 4 marks.</p>	4	<p>The candidate should provide an explanation of emotional needs being met in a care setting.</p> <p>Points of explanation could include:</p> <ul style="list-style-type: none"> • workers need to get to take time and get to know Ella • workers need to listen actively to Ella to gain a picture of her needs • Ella should have the opportunity to maintain relationships with those who are significant to her • Ella should be provided with opportunities for social interaction • where safe, Ella should be given privacy and independence. <p>Or any other appropriate response.</p>
12.		<p>This question has an ‘explain’ command.</p> <p>Questions that ask the candidate to ‘explain’ require more information on something, to give reasons or show connections.</p> <p>The candidate should make a point of explanation for 1 mark or develop a key point for a further 1 mark to a maximum of 3 marks.</p>	3	<p>The candidate should provide an explanation of demonstrating positive care practice.</p> <p>Points of explanation could include:</p> <ul style="list-style-type: none"> • safeguards those who use a service • identifies areas for professional development • sets a clear standard of professional practice and behaviour • holds workers accountable for poor practice. <p>Or any other appropriate response.</p>

[END OF MARKING INSTRUCTIONS]